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B-COMPLEX GOLD — CERTIFICATE OF ANALYSIS

| Product Name | Lot # | Best By Date |
|---------------------------|-------|--------------|
| B-Complex Gold (30-count) | 8429G | 08/2020 |

| Physical Features | Specification | Result |
|--|---|-------------|
| Appearance | Brown Powder in Size 0 Organic Pullulan Capsule | Complies |
| Average Gross Weight | Complies with Formula | Complies |
| Weight Variation | ± 10% | Complies |
| Label Claims | | Result* |
| Thiamin | 11mg | 12.1 mg |
| Riboflavin | 10mg | 13.4 mg |
| Niacin | 16 mg | 21.7 mg |
| Vitamin B6 (Pyridoxine) | 11 mg | 15.4 mg |
| Folate | 800 mcg DFE | 800 mcg DFE |
| Vitamin B12 (as methyl & adenosyl B12) | 60 mcg | 60 mcg |
| Biotin | 60 mcg | 72.7 mcg |
| Pantothenic Acid | 18 mg | 19.5 mg |
| Microbial Contaminants | Specification | Result |
| Total Plate Count | < 10000 cfu / g | Complies |
| Yeast and Mold | < 1000 cfu / g | Complies |
| Enterobacteriaceae | < 100 cfu / g | Complies |
| Salmonella | Not Detected / 10 g | Complies |
| S. aureus | Not Detected / 10 g | Complies |
| E. coli | Not Detected / 10 g | Complies |
| Pseudomonas | Not Detected / 10 g | Complies |
| Heavy Metals | Specification | Result |
| Arsenic | < 10 mcg / max daily dose | < 0.1 mcg |
| Cadmium | < 4.1 mcg / max daily dose | < 0.05 mcg |
| Lead | < 10 mcg / max daily dose | < 0.1 mcg |
| Mercury | < 20 mcg / max daily dose | < 0.05 mcg |
| Allergens | Specification | Result |
| Egg | < 5.0 ppm | Complies |
| Gliadin (Corn, Gluten) | < 10.0 ppm | Complies |
| Milk | < 5.0 ppm | Complies |
| Peanut | < 5.0 ppm | Complies |
| Shellfish (Crustacean) | < 5.0 ppm | Complies |
| Soy | < 5.0 ppm | Complies |
| GMOs | Non-GMO | Complies |

*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/2150>

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