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WOMEN'S 40+ MULTI GOLD — CERTIFICATE OF ANALYSIS

Product Name	Lot #	Best By Date
Women's 40+ Multi Gold	8319G	08/2020

Physical Features	Specification	Result
Appearance	Tan to Brownish Rust Powder in Size 0 Organic Pullulan Capsule	Complies
Average Gross Weight	Complies with Formula	Complies
Weight Variation	± 10%	Complies
Label Claims		Result*
Potency: Vitamin A	100 mcg RAE	100 mcg RAE
Potency: Vitamin C	90 mg	105 mg
Potency: Vitamin D (D3 as cholecalciferol)	25 mcg (1000 IU)	27 mcg (1,070 IU)
Potency: Vitamin E (d-alpha tocopherol)	23 mg (34 IU)	23 mg (34 IU)
Potency: Vitamin K (K2 as MK-7)	120 mcg	125 mcg
Potency: Thiamin	5 mg	5 mg
Potency: Riboflavin	6 mg	8 mg
Potency: Niacin	8 mg	12 mg
Potency: Vitamin B6	13 mg	14 mg
Potency: Folate	400 mcg DFE	450 mcg DFE
Potency: Vitamin B12 (as methyl & adenosyl B12)	48 mcg	48 mcg
Potency: Biotin	75 mcg	75 mcg
Potency: Pantothenic Acid	13 mg	15 mg
Potency: Calcium	68 mcg	80 mg
Potency: Iodine	150 mcg	150 mcg
Potency: Magnesium	11 mg	12 mg
Potency: Zinc	5 mg	6 mg
Potency: Selenium	55 mcg	55 mcg
Potency: Manganese	1 mg	1 mg
Potency: Chromium	35 mcg	55 mcg
Potency: Astaxanthin	2 mg	2 mg
Microbial Contaminants	Specification	Result
Total Plate Count	< 10000 cfu / g	Complies
Yeast and Mold	< 1000 cfu / g	Complies
Enterobacteriaceae	< 100 cfu / g	Complies
Salmonella	Not Detected / 10 g	Complies
S. aureus	Not Detected / 10 g	Complies
E. coli	Not Detected / 10 g	Complies
Pseudomonas	Not Detected / 10 g	Complies



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Heavy Metals	Specification	Result
Arsenic	< 10 mcg / max daily dose	< 1.5 mcg
Cadmium	< 4.1 mcg / max daily dose	< 0.5 mcg
Lead	< 10 mcg / max daily dose	< 1.0 mcg
Mercury	< 20 mcg / max daily dose	< 0.05 mcg
Allergens	Specification	Result
Egg	< 5.0 ppm	Complies
Gliadin (Corn, Gluten)	< 10.0 ppm	Complies
Milk	< 5.0 ppm	Complies
Peanut	< 5.0 ppm	Complies
Shellfish (Crustacean)	< 5.0 ppm	Complies
Soy	< 5.0 ppm	Complies
GMOs	Non-GMO	Complies

*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/2146>

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