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MEN'S ONE DAILY MULTI GOLD — CERTIFICATE OF ANALYSIS

Product Name	Lot #	Best By Date
Men's One Daily Multi Gold (30-count)	8145G	08/2020

Physical Features	Specification	Result
Appearance	Tan Powder in Size 0 Organic Pullulan Capsule	Complies
Average Gross Weight	Complies with Formula	Complies
Weight Variation	± 10%	Complies
Label Claims		Result*
Potency: Vitamin A	80 mcg RAE	80 mcg RAE
Potency: Vitamin C	45 mg	52 mg
Potency: Vitamin D (D3 as cholecalciferol)	25 mcg (1,000 IU)	29.75 mcg (1,190 IU)
Potency: Vitamin E (d-alpha tocopherol)	15 mg (22 IU)	15 mg (22 IU)
Potency: Vitamin K (K2 as MK-7)	120 mcg	120 mcg
Potency: Thiamin	4 mg	4 mg
Potency: Riboflavin	5 mg	6 mg
Potency: Niacin	8 mg	11 mg
Potency: Vitamin B6	9 mg	11 mg
Potency: Folate	400 mcg DFE	400 mcg DFE
Potency: Vitamin B12 (as methyl & adenosyl B12)	48 mcg	48 mcg
Potency: Biotin	30 mcg	30 mcg
Potency: Pantothenic Acid	11 mg	12 mg
Potency: Iodine	38 mcg	38 mcg
Potency: Magnesium	4 mg	4 mg
Potency: Zinc	5 mg	5.5 mg
Potency: Selenium	55 mcg	55 mcg
Potency: Chromium	35 mcg	35 mcg
Microbial Contaminants	Specification	Result
Total Plate Count	< 10000 cfu / g	Complies
Yeast and Mold	< 1000 cfu / g	Complies
Enterobacteriaceae	< 100 cfu / g	Complies
Salmonella	Not Detected / 10 g	Complies
S. aureus	Not Detected / 10 g	Complies
E. coli	Not Detected / 10 g	Complies
Pseudomonas	Not Detected / 10 g	Complies



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Heavy Metals	Specification	Result
Inorganic Arsenic	< 10 mcg / max daily dose	< 1.0 mcg
Cadmium	< 4.1 mcg / max daily dose	< 0.05 mcg
Lead	< 10 mcg / max daily dose	< 0.5 mcg
Mercury	< 20 mcg / max daily dose	< 0.005 mcg
Allergens	Specification	Result
Egg	< 5.0 ppm	Complies
Gliadin (Corn, Gluten)	< 10.0 ppm	Complies
Milk	< 5.0 ppm	Complies
Peanut	< 5.0 ppm	Complies
Shellfish (Crustacean)	< 5.0 ppm	Complies
Soy	< 5.0 ppm	Complies
GMOs	Non-GMO	Complies

*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/2144>

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