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MEN'S 40+ MULTI GOLD — CERTIFICATE OF ANALYSIS

| Product Name | Lot # | Best By Date |
|----------------------|-------|--------------|
| Men's 40+ Multi Gold | 8965G | 08/2020 |

| Physical Features | Specification | Result |
|---|---|-------------------|
| Appearance | Tan Powder in Size 0 Organic Pullulan Capsule | Complies |
| Average Gross Weight | Complies with Formula | Complies |
| Weight Variation | ± 10% | Complies |
| Label Claims | | Result* |
| Potency: Vitamin A | 125 mcg RAE | 125 mcg RAE |
| Potency: Vitamin C | 90 mg | 117 mg |
| Potency: Vitamin D (D3 as cholecalciferol) | 25 mcg (1000 IU) | 28 mcg (1,120 IU) |
| Potency: Vitamin E (d-alpha tocopherol) | 28 mg | 32 mg |
| Potency: Vitamin K (K2 as MK-7) | 120 mcg | 120 mcg |
| Potency: Thiamin | 9 mg | 9 mg |
| Potency: Riboflavin | 10 mg | 13 mg |
| Potency: Niacin | 16 mg | 22 mg |
| Potency: Vitamin B6 | 22 mg | 26 mg |
| Potency: Folate | 400 mcg DFE | 475 mcg |
| Potency: Vitamin B12 (as methyl & adenosyl B12) | 48 mcg | 48 mcg |
| Potency: Biotin | 45 mcg | 45 mcg |
| Potency: Pantothenic Acid | 25 mg | 28 mg |
| Potency: Calcium | 30 mg | 52 mg |
| Potency: Iodine | 150 mcg | 150 mcg |
| Potency: Magnesium | 10 mg | 10 mg |
| Potency: Zinc | 10 mg | 12 mg |
| Potency: Selenium | 60 mcg | 74 mcg |
| Potency: Manganese | 1 mg | 1.5 mg |
| Potency: Chromium | 52 mcg | 52 mcg |
| Potency: Astaxanthin | 2 mg | 2 mg |
| Microbial Contaminants | Specification | Result |
| Total Plate Count | < 10000 cfu / g | Complies |
| Yeast and Mold | < 1000 cfu / g | Complies |
| Enterobacteriaceae | < 100 cfu / g | Complies |
| Salmonella | Not Detected / 10 g | Complies |
| S. aureus | Not Detected / 10 g | Complies |
| E. coli | Not Detected / 10 g | Complies |
| Pseudomonas | Not Detected / 10 g | Complies |



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| Heavy Metals | Specification | Result |
|-------------------------|----------------------------|------------|
| Inorganic Arsenic | < 10 mcg / max daily dose | < 0.5 mcg |
| Cadmium | < 4.1 mcg / max daily dose | < 1.0 mcg |
| Lead | < 10 mcg / max daily dose | < 1.0 mcg |
| Mercury | < 20 mcg / max daily dose | < 0.05 mcg |
| Allergens | Specification | Result |
| Egg | < 5.0 ppm | Complies |
| Glutadin (Corn, Gluten) | < 10.0 ppm | Complies |
| Milk | < 5.0 ppm | Complies |
| Peanut | < 5.0 ppm | Complies |
| Shellfish (Crustacean) | < 5.0 ppm | Complies |
| Soy | < 5.0 ppm | Complies |
| GMOs | Non-GMO | Complies |

*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/2142>

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