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## PRENATAL MULTI GOLD — CERTIFICATE OF ANALYSIS

Product Name	Lot #	Best By Date
Prenatal Multi Gold	8101G	08/2020

Physical Features	Specification	Result
Appearance	Tan Powder in Size 0 Organic Pullulan Capsule	Complies
Average Gross Weight	Complies with Formula	Complies
Weight Variation	± 10%	Complies
Label Claims		Result*
Potency: Vitamin A	125 mcg RAE	125 mcg RAE
Potency: Vitamin C	120 mg	129 mg
Potency: Vitamin D (D3 as cholecalciferol)	23 mcg (900 IU)	25 mcg (1000 IU)
Potency: Vitamin E (d-alpha tocopherol)	30 mg (45 IU)	30 mg (45 IU)
Potency: Vitamin K (K2 as MK-7)	130 mcg	130 mcg
Potency: Thiamin	9 mg	9 mg
Potency: Riboflavin	10 mg	13 mg
Potency: Niacin	18 mg	21 mg
Potency: Vitamin B6	22 mg	26 mg
Potency: Folate	600 mcg DFE	600 mcg DFE
Potency: Vitamin B12 (as methyl & adenosyl B12)	45 mcg	45 mcg
Potency: Biotin	88 mcg	109 mcg
Potency: Pantothenic Acid	25 mg	28 mg
Potency: Iron	21 mg	25 mg
Potency: Iodine	138 mcg	160 mcg
Potency: Magnesium	10 mg	18 mg
Potency: Zinc	7 mg	9 mg
Potency: Selenium	70 mcg	70 mcg
Potency: Manganese	1 mg	1.5 mg
Potency: Chromium	40 mcg	55 mcg
Microbial Contaminants	Specification	Result
Total Plate Count	< 10000 cfu / g	Complies
Yeast and Mold	< 1000 cfu / g	Complies
Enterobacteriaceae	< 100 cfu / g	Complies
Salmonella	Not Detected / 10 g	Complies
S. aureus	Not Detected / 10 g	Complies
E. coli	Not Detected / 10 g	Complies
Pseudomonas	Not Detected / 10 g	Complies



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Heavy Metals	Specification	Result
Arsenic	< 10 mcg / max daily dose	< 2.0 mcg
Cadmium	< 4.1 mcg / max daily dose	< 0.5 mcg
Lead	< 10 mcg / max daily dose	< 0.5 mcg
Mercury	< 20 mcg / max daily dose	< 0.05 mcg
Allergens	Specification	Result
Egg	< 5.0 ppm	Complies
Gladiin (Corn, Gluten)	< 10.0 ppm	Complies
Milk	< 5.0 ppm	Complies
Peanut	< 5.0 ppm	Complies
Shellfish (Crustacean)	< 5.0 ppm	Complies
Soy	< 5.0 ppm	Complies
GMOs	Non-GMO	Complies

\*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/2003>

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