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WOMEN'S MULTI GOLD — CERTIFICATE OF ANALYSIS

Product Name	Lot #	Best By Date
Women's Multi Gold	8249G	08/2020

Physical Features	Specification	Result
Appearance	Tan to Brown Powder in Size 0 Organic Pullulan Capsule	Complies
Average Gross Weight	Complies with Formula	Complies
Weight Variation	± 10%	Complies
Label Claims		Result*
Potency: Vitamin A	110 mcg RAE	110 mcg RAE
Potency: Vitamin C	90 mg	126 mg
Potency: Vitamin D (D3 as cholecalciferol)	25 mcg (1,000 IU)	25 mcg (1,020 IU)
Potency: Vitamin E (d-alpha tocopherol)	30 mg (45 IU)	33 mg (49 IU)
Potency: Vitamin K (K2 as MK-7)	120 mcg	135 mcg
Potency: Thiamin	11 mg	11 mg
Potency: Riboflavin	13 mg	15 mg
Potency: Niacin	16 mg	22 mg
Potency: Vitamin B6	26 mg	30 mg
Potency: Folate	700 mcg DFE	750 mcg
Potency: Vitamin B12 (as methyl & adenosyl B12)	48 mcg	48 mcg
Potency: Biotin	100 mcg	125 mcg
Potency: Pantothenic Acid	30 mg	35 mg
Potency: Iron	14 mg	16.5 mg
Potency: Iodine	150 mcg	150 mcg
Potency: Magnesium	6 mg	6 mg
Potency: Zinc	7 mg	7 mg
Potency: Selenium	69 mcg	75 mcg
Potency: Manganese	1 mg	1 mg
Potency: Chromium	35 mcg	40 mcg
Microbial Contaminants	Specification	Result
Total Plate Count	< 10000 cfu / g	Complies
Yeast and Mold	< 1000 cfu / g	Complies
Enterobacteriaceae	< 100 cfu / g	Complies
Salmonella	Not Detected / 10 g	Complies
S. aureus	Not Detected / 10 g	Complies
E. coli	Not Detected / 10 g	Complies
Pseudomonas	Not Detected / 10 g	Complies



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Heavy Metals	Specification	Result
Inorganic Arsenic	< 10 mcg / max daily dose	< 0.5 mcg
Cadmium	< 4.1 mcg / max daily dose	< 0.5 mcg
Lead	< 10 mcg / max daily dose	< 0.6 mcg
Mercury	< 20 mcg / max daily dose	< 0.05 mcg
Allergens	Specification	Result
Egg	< 5.0 ppm	Complies
Gliadin (Corn, Gluten)	< 10.0 ppm	Complies
Milk	< 5.0 ppm	Complies
Peanut	< 5.0 ppm	Complies
Shellfish (Crustacean)	< 5.0 ppm	Complies
Soy	< 5.0 ppm	Complies
GMOs	Non-GMO	Complies

*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/2002>

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