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MEN'S MULTI GOLD — CERTIFICATE OF ANALYSIS

Product Name	Lot #	Best By Date
Men's Multi Gold	8202G	08/2020

Physical Features	Specification	Result
Appearance	Tan Powder in Size 0 Organic Pullulan Capsule	Complies
Average Gross Weight	Complies with Formula	Complies
Weight Variation	± 10%	Complies
Label Claims		Result*
Potency: Vitamin A	125 mcg RAE	125 mcg RAE
Potency: Vitamin C	90 mg	117 mg
Potency: Vitamin D (D3 as cholecalciferol)	25 mcg (1000 IU)	28 mcg (1,120 IU)
Potency: Vitamin E (d-alpha tocopherol)	28 mg	32 mg
Potency: Vitamin K (K2 as MK-7)	120 mcg	120 mcg
Potency: Thiamin	9 mg	9 mg
Potency: Riboflavin	10 mg	13 mg
Potency: Niacin	16 mg	22 mg
Potency: Vitamin B6	22 mg	26 mg
Potency: Folate	400 mcg DFE	475 mcg
Potency: Vitamin B12 (as methyl & adenosyl B12)	48 mcg	48 mcg
Potency: Biotin	45 mcg	45 mcg
Potency: Pantothenic Acid	25 mg	28 mg
Potency: Calcium	30 mg	52 mg
Potency: Iodine	150 mcg	150 mcg
Potency: Magnesium	10 mg	10 mg
Potency: Zinc	10 mg	12 mg
Potency: Selenium	60 mcg	74 mcg
Potency: Manganese	1 mg	1.5 mg
Potency: Chromium	52 mcg	52 mcg
Microbial Contaminants	Specification	Result
Total Plate Count	< 10000 cfu / g	Complies
Yeast and Mold	< 1000 cfu / g	Complies
Enterobacteriaceae	< 100 cfu / g	Complies
Salmonella	Not Detected / 10 g	Complies
S. aureus	Not Detected / 10 g	Complies
E. coli	Not Detected / 10 g	Complies
Pseudomonas	Not Detected / 10 g	Complies



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Heavy Metals	Specification	Result
Inorganic Arsenic	< 10 mcg / max daily dose	< 0.05 mcg
Cadmium	< 4.1 mcg / max daily dose	< 0.5 mcg
Lead	< 10 mcg / max daily dose	< 1.0 mcg
Mercury	< 20 mcg / max daily dose	< 0.005 mcg
Allergens	Specification	Result
Egg	< 5.0 ppm	Complies
Gliadin (Corn, Gluten)	< 10.0 ppm	Complies
Milk	< 5.0 ppm	Complies
Peanut	< 5.0 ppm	Complies
Shellfish (Crustacean)	< 5.0 ppm	Complies
Soy	< 5.0 ppm	Complies
GMOs	Non-GMO	Complies

*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/2001>

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