



ASHWAGANDHA GOLD — CERTIFICATE OF ANALYSIS

Product Name	Lot #	Best By Date
Ashwagandha Gold	8494G	12/2020

Physical Features	Specification	Result
Appearance	Tan to Brown Powder in Size 0 Pullulan Capsule	Complies
Average Gross Weight	Complies with Formula	Complies
Weight Variation	± 10%	Complies
Label Claims		Result*
Potency: Withanolides	15 mg	18.1 mg
Microbial Contaminants	Specification	Result
Total Plate Count	< 10000 cfu / g	Complies
Yeast and Mold	< 1000 cfu / g	Complies
Enterobacteriaceae	< 100 cfu / g	Complies
Salmonella	Not Detected / 10 g	Complies
S. aureus	Not Detected / 10 g	Complies
E. coli	Not Detected / 10 g	Complies
Pseudomonas	Not Detected / 10 g	Complies
Heavy Metals	Specification	Result
Arsenic	< 10 mcg / max daily dose	< 0.15 mcg
Cadmium	< 4.1 mcg / max daily dose	< 0.05 mcg
Lead	< 10 mcg / max daily dose	< 1.2 mcg
Mercury	< 20 mcg / max daily dose	< 0.005 mcg
Allergens	Specification	Result
Egg	< 5.0 ppm	Complies
Gliadin (Corn, Gluten)	< 10.0 ppm	Complies
Milk	< 5.0 ppm	Complies
Peanut	< 5.0 ppm	Complies
Shellfish (Crustacean)	< 5.0 ppm	Complies
Soy	< 5.0 ppm	Complies
GMOs	Non-GMO	Complies

*Based on third-party testing performed on the finished product at the time of manufacturing using reliable and valid methods. If reliable and valid methods are not available, conformance with label claims is established based on results of raw material testing and product formula.

For more information about this product, please visit <http://www.nutrigold.com/sku/203>

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